



CareOne at East Brunswick



A Senior Care Company

PROGRAM

## Comprehensive Cardiac Care Program



*Empowering you to strengthen your heart.*

CareOne



A Senior Care Company\*

TRUST IN OUR CARE



“The Comprehensive Cardiac Care Program is physician directed and focused on assisting patients achieve their highest potential for recovery and quality of life.”

## Why Our Program is Unique.

At CareOne at East Brunswick, we have created clinical protocols that define patient-focused best practices in cardiac rehabilitation and management. Our Comprehensive Cardiac Care Program is physician directed and focused on assisting patients achieve their highest potential for recovery and quality of life.

We realize that each cardiac patient is unique and requires a variety of medical services. After careful assessment, an individual treatment plan is established for each patient to help them identify and establish goals designed to increase their functioning and endurance levels while meeting their clinical everyday needs.

Our Comprehensive Cardiac Care Program incorporates a team approach which fosters communication and unites the entire care team which includes the physician, the patient and caregivers. This cohesive care plan provides essential cardiac education to both family members and patients. It is designed to improve patient outcomes, increase patient confidence and empower patients to properly manage their health when they return home.

***The many types of cardiac diagnoses that can benefit from our program are:***

- Congestive Heart Failure
- Post Stent Placement
- A-Fib
- CABG
- Heart Attack, MI
- Valve Replacement
- Hypertension
- Post Transplant





“ Our Comprehensive Cardiac Care Program is comprised of a specially-trained team of care professionals. ”

## About CareOne at East Brunswick.

CareOne at East Brunswick is a leading provider of post-hospitalization care in Middlesex County. With over 35 years of experience, we have developed operating standards that truly define excellence in the nursing and rehabilitation industry.

CareOne at East Brunswick is proud of their physician-directed Comprehensive Cardiac Care Program which is focused on assisting patients to achieve their highest potential for recovery and quality of life.

For more information and a personal consultation, contact CareOne at East Brunswick. Our staff will be happy to discuss any questions that you may have.

*Please call 732-967-0100 or visit our website, [www.care-one.com](http://www.care-one.com).*

## Financial Questions.

The Comprehensive Cardiac Care Program is covered by most insurance plans, including most HMO's, Medicare and Long-Term Care Insurance.

Prior to admission, our Admissions Office will review the patient's insurance coverage and advise the patient of the benefits available.

CareOne at East Brunswick also accepts most Medicare secondary insurance and to further assist you, our office will bill the coinsurance directly to eliminate out-of-pocket expenses.

“ The CareOne Transitional Care Program is a vital component to reduce hospital readmissions. ”



### ***Our Comprehensive Cardiac Care Program includes:***

- Cardiac team rounds by our Board-Certified Cardiologists
- Weekly physician evaluations and directed care plans by MD and / or Nurse Practitioner
- Physical and occupational therapies seven days a week
- 24-hour-a-day nursing care
- LVAD
- Remote Telemetry
- Echocardiogram and EKG on-site
- On-site Coagulation Check to monitor PT / INR
- Milrinone Infusion
- IV Lasix
- Life Vest
- Specially designed clinical protocols for cardiac patients
- Nutritional assessment and monitoring
- Weight / Edema monitoring
- Oxygen and respiratory therapy
- Personal care (assistance with bathing, dressing and hygiene)
- Social work and discharge planning
- Coordination of continued home care via the Tele-Health Service for Visiting Nurses
- Community / Home re-entry training
- Patient and family education and training
- Regularly scheduled cardiac care planning meetings involving the CareOne clinical team, patients and families.
- CPAP / BiPAP

### **The Advantages of CareOne's Transitional Care Program.**

Our Transitional Care Program is a new model of care designed to ensure coordination and continuity during the transition of patients between healthcare settings and as health needs change — from hospital to rehab to home.

The cornerstone of the Transitional Care Program is CareOne's Care Navigator. These specially trained registered nurses are dedicated to guiding their patients and loved ones through each phase of care, beginning at the hospital with the transition to a CareOne Center. Our Care Navigator continues to follow the patient throughout the rehabilitation stay, and even after the transition from CareOne to home to ensure that stability and health are maintained.



“ At CareOne, we have developed operating standards that truly define excellence in the nursing and rehabilitation industry. ”

## Admission to our Cardiac Program.

We encourage cardiac patients to consult with their hospital discharge planner to discuss the appropriateness of transitioning to CareOne’s Comprehensive Cardiac Program for continued care and tailored rehabilitation. They can coordinate all arrangements for your admission to our Comprehensive Cardiac Care Program.

Additionally, we encourage patients and family members to visit CareOne at East Brunswick prior to admission and to have any questions regarding their stay answered in advance.

Upon admission, an interdisciplinary team consisting of physicians, nurses, therapists, nutritionist and social services will assist each patient to develop a care plan tailored to meet each patient’s specific cardiac needs.

At CareOne at East Brunswick, family members are an important part of our program and are kept informed throughout their loved ones stay. If home care is requested, a discharge planner will assist in making the necessary arrangements for home services to ensure a smooth transition.



# *CareOne at East Brunswick*



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## **About CareOne**

As a premier Senior Care provider in New Jersey, CareOne is at the forefront of creating a new delivery-of-care system with 23 sub-acute care centers and 3 long-term acute care hospitals in operation throughout the state. CareOne is a true extension of the hospital, proactively offering skilled expertise and innovative care in a welcoming environment. The centers deliver proficient sub-acute care, LTACH's (Long-Term Acute Care Hospitals), assisted living, respite care, long-term care, and Alzheimer's care, with a focus on the highest standards, clinical best practices, and strong management principles. For more information, visit our website: **[www.care-one.com](http://www.care-one.com)**.