



*Woodcrest*  
*Health Care Center*

PROGRAM

## Comprehensive Cardiac Care Program



*Empowering you to strengthen your heart.*

TRUST IN OUR CARE



“ *The Comprehensive Cardiac Care Program is physician directed and focused on assisting patients achieve their highest potential for recovery and quality of life.* ”

## **Why Our Program is Unique.**

At Woodcrest Health Care Center, we have created clinical protocols that define patient-focused best practices in cardiac rehabilitation and management. Our Comprehensive Cardiac Care Program is physician directed and focused on assisting patients achieve their highest potential for recovery and quality of life.

We realize that each cardiac patient is unique and requires a variety of medical services. After careful assessment, an individual treatment plan is established for each patient to help them identify and establish goals designed to increase their functioning and endurance levels while meeting their clinical everyday needs.

Our Comprehensive Cardiac Care Program incorporates a team approach which fosters communication and unites the entire care team which includes the physician, the patient and caregivers. This cohesive care plan provides essential cardiac education to both family members and patients. It is designed to improve patient outcomes, increase patient confidence and empower patients to properly manage their health when they return home.

### ***The many types of cardiac diagnoses that can benefit from our program are:***

- Congestive Heart Failure
- Post Stent Placement
- A-Fib
- CABG
- Heart Attack, MI
- Valve Replacement
- Hypertension
- Post Transplant



“ Our Comprehensive Cardiac Care Program is comprised of a specially-trained team of care professionals. ”

## About Woodcrest Health Care Center.

Woodcrest Health Care Center is a leading provider of post-hospitalization care in Bergen County. With over 35 years of experience, we have developed operating standards that truly define excellence in the nursing and rehabilitation industry.

Woodcrest Health Care Center is proud of their physician-directed Comprehensive Cardiac Care Program which is focused on assisting patients to achieve their highest potential for recovery and quality of life.

For more information and a personal consultation, contact Woodcrest Health Care Center. Our staff will be happy to discuss any questions that you may have.

***Please call 201-967-1700 or visit our website:  
[www.care-one.com/locations/woodcrest-health-care-center](http://www.care-one.com/locations/woodcrest-health-care-center).***

## Financial Questions.

The Comprehensive Cardiac Care Program is covered by most insurance plans, including most HMO's, Medicare and Long-Term Care Insurance.

Prior to admission, our Admissions Office will review the patient's insurance coverage and advise the patient of the benefits available.

Woodcrest Health Care Center also accepts most Medicare secondary insurance and to further assist you, our office will bill the coinsurance directly to eliminate out-of-pocket expenses.

“ The CareOne Transitional Care Program is a vital component to reduce hospital readmissions. ”



### ***Our Comprehensive Cardiac Care Program includes:***

- Cardiac team rounds by our Board-Certified Cardiologists
- Cardiopulmonary Sub-Acute Rehabilitation
- Remote Telemetry
- Echocardiogram and EKG on-site
- Pacemaker / Defibrillator assessment and monitoring
- Cardiac Drips
- Life Vest
- IV Lasix
- Specially designed clinical protocols for cardiac patients
- Oxygen and respiratory therapy
- Coordination of home-care services including Tele-Health monitoring
- Patient and family comprehensive cardiac education and training
- Regularly scheduled care planning meetings with the Woodcrest Cardio clinical team, patients and families
- Community Outreach – monthly “Healthy Heart” support meetings

### **The Advantages of CareOne’s Transitional Care Program.**

Our Transitional Care Program is a new model of care designed to ensure coordination and continuity during the transition of patients between healthcare settings and as health needs change — from hospital to rehab to home.

The cornerstone of the Transitional Care Program is CareOne’s Care Navigator. These specially trained registered nurses are dedicated to guiding their patients and loved ones through each phase of care, beginning at the hospital with the transition to a CareOne Center. Our Care Navigator continues to follow the patient throughout the rehabilitation stay, and even after the transition from CareOne to home to ensure that stability and health are maintained.



*“ Our Comprehensive Cardiac Care Program was designed to incorporate a team approach to foster communication and ensure a cohesive care plan.”*



“ At CareOne, we have developed operating standards that truly define excellence in the nursing and rehabilitation industry. ”

## Admission to Our Cardiac Program.

We encourage cardiac patients to consult with their hospital discharge planner to discuss the appropriateness of transitioning to CareOne’s Comprehensive Cardiac Program for continued care and tailored rehabilitation. They can coordinate all arrangements for your admission to our Comprehensive Cardiac Care Program.

Additionally, we encourage patients and family members to visit Woodcrest Health Care Center prior to admission and to have any questions regarding their stay answered in advance.

Upon admission, an interdisciplinary team consisting of physicians, nurses, therapists, nutritionist and social services will assist each patient to develop a care plan tailored to meet each patient’s specific cardiac needs.

At Woodcrest Health Care Center, family members are an important part of our program and are kept informed throughout their loved ones stay. If home care is requested, a discharge planner will assist in making the necessary arrangements for home services to ensure a smooth transition.





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[care-one.com/locations/woodcrest-health-care-center](http://care-one.com/locations/woodcrest-health-care-center)

## About Woodcrest Health Care Center

Woodcrest Health Care Center is a leading provider of sub-acute care and long-term care nursing services and is committed to providing quality rehabilitative programs designed to maximize wellness and independence. Woodcrest offers specialized programs for patients recovering from a multitude of conditions and diagnoses. Our unique physician-driven programs are designed to address the individual needs of each patient, ensuring maximum recovery potential. At Woodcrest, we believe that partnering with leading experts in the health care industry sets us apart and results in improved patient outcomes. That's why we seek out the best and brightest talent, educated in a variety of medical specialties, to ensure our patients receive the highest level of care and services available.