

*CareOne at Holmdel*



A Senior Care Company

CareOne at Holmdel  
STAR Program® Certified  
Cancer Rehabilitation





## Our Team

**CareOne at Holmdel's** cancer rehabilitation program is offered by our group of trained professionals who have successfully completed the STAR Program® Certification Course.

**Our dedicated team consists of:**

- physicians
- nurses
- certified nursing assistants
- physical therapists
- occupational therapists
- speech-language pathologists
- registered dieticians
- counseling and support staff
- social workers
- facility educators
- champion oncologists
- palliative care professionals
- physiatrists

Each team member provides their individual expertise, guidance, training and support throughout your stay to enhance your rehabilitation and maximize your potential.

## *CareOne at Holmdel*

We are dedicated to helping cancer survivors function at the highest level possible. Our goal is to provide individualized care in a manner that truly exceeds your expectations. Through our STAR Program<sup>®</sup> (Survivorship Training and Rehabilitation), our mission is to provide relief from any adverse side effects you may experience and to work together to nurture the best quality of life possible for you.

The STAR Program provides our patients with coordinated cancer rehabilitation supported by a our caring team of certified STAR Clinicians<sup>®</sup>.

As a STAR Program patient, you will receive outstanding comprehensive rehabilitation treatment, provided by our encouraging team members. They will work in unison to develop the appropriate cancer rehabilitation treatment designed to manage many of your symptoms and embrace a richer quality of life for you.



*“We are proud to be the First Ever STAR Program® Delivering Oncology Services in an In-Patient, Sub-Acute Care Facility in the State of New Jersey.”*

## Your Rehabilitation Plan

Your cancer rehabilitation plan will be tailored to your individualized goals that focus on increasing strength and energy, managing pain and improving your function and quality of life. We encourage open and honest communication between our caregivers and our patients. Our attention to detail coupled with our STAR Program commitment to exceptional care makes **CareOne at Holmdel** the perfect choice for your cancer rehabilitation.

Upon your arrival to **CareOne at Holmdel** you'll be provided with a “Welcome Kit” which includes the **STAR Program® Survivor Guidebook**. This comprehensive guide will provide you with many valuable tips such as how to set specific goals as well as suggestions about exercise, nutrition, and sleep.





## Insurance Coverage

Cancer rehabilitation services in the STAR Program are reimbursed by most health insurance providers. Our Admissions team is happy to assist you in navigating through your different program options.

## Appointments and Information

We welcome you to visit us at **CareOne at Holmdel** and would be pleased to arrange a personalized tour at your convenience.

To schedule your visit or for additional information, please call our Admissions Department at the number listed below:

**Admissions: 201-820-7342**

Additional information about us can also be viewed at **[www.care-one.com](http://www.care-one.com)**.

## Location

### **CareOne at Holmdel**

188 Highway 34,  
Holmdel, New Jersey 07733

# *CareOne at Holmdel*



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*Nursing, Rehabilitation and Assisted Living*

188 Highway 34, Holmdel, NJ 07733

[www.care-one.com](http://www.care-one.com)